

CENTER FOR EDUCATIONAL AND PSYCHOLOGICAL COUNSELLING AND PREVENTION (CPPPaP)

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CPPPaP offers services to:

- Children from birth till the completion of job preparation
- Parents and legal representatives
- To the preschool, school (11 nursery, 12 elementary and 11 secondary schools) and health services institutions
- potentially to other subjects that ask for our services (social guardianship, courts of justice)

In CPPPaP there are employed:

- Psychologists
- Special pedagogues
- Therapy pedagogues
- Speech therapists
- Social workers
- and other specialized staff

CPPPaP performs the expert activities

- Prevention of social pathology phenomena in form of various prevention and intervention programs
- Psychodiagnostic examinations
- Psychological counselling
- Special pedagogical diagnostics and reeducation
- Psychotherapy
- Methodic supervision of teachers, education counselors, prevention coordinators and other CPPPaP in Bratislava
- Preparation of expert materials, publications, projects, presentation at expert forums

CPPPaP offers counselling

In the field of personality development and psychotherapy

- Identity, personal maturity, sense of life
- Personality and psychic problems - partnership, establishing and maintenance of social relationships, psychosexual development
- Psychosomatic and neurotic problems - eating disorders, tics, stomachaches, headaches

In the field of personality development and psychotherapy

- Emotional problems - affects, phobias, anxiety, depressive mood, manic mood, lowered self-evaluation, self-confidence, suicidal ideas, automutilation
- Behavioral problems- disciplinary problems, cheating, obstinacy, negativism, aggression, respecting rules and norms
- Children abuse, victims of bullying
- Coping with stress, self-development

CPPPaP offers counselling

In the field of educational development

- School maturity, laterality examination, adaptation to the educational process
- Learning problems- general disadvantage, underdevelopment, disproportional development, disrupted or delayed speech development
- Specific developmental learning disabilities- dyslexia, dysortography, dyscalculia, dysgraphia, dyspraxia, attention disorders & hyperactivity (hypoactivity) - diagnostics, reeducation and re-diagnostics

In the field of educational development

- Career orientation - decision making regarding transition to different or continuing study type, selection of specialized study seminars, university selection, diagnostics and selection of skilled and gifted pupils, career choice, specialized counselling for the unemployed

CPPPaP offers counselling

In the field of prevention and social development

- Problem behaviour - inadequate behaviour towards parents, teachers, schoolmates, towards himself,
- Asocial and anti-social activity - escape, wandering, truancy, bullying, thefts, vandalism, aggression, sexual torts, prostitution
- Addictions - drugs, pathology gambling, harmful sect or cult, computer games, Internet
- Problems at school - relation of teacher and pupil/student, relations among teachers, school climate, relation of parent & school

In the field of prevention and social development

- Negative environmental influences - negative influence of friends, and adults,
- Dysfunctional family - lack of parents' time, alcoholic family, morally corrupt family
- Parenting styles - repressive, neglectful, moralizing, meticulous, disagreeing, greenhouse, excessive parents' aspiration
- Neurotic or unbalanced personality of teacher

METHODS OF PSYCHOLOGICAL, PEDAGOGICAL AND SOCIAL DIAGNOSTICS

- Diagnostic interview, personal and family anamnesis
- Psychological tests of intellectual abilities and certain cognitive functions - perception, attention, memory, speech, thinking, laterality...
- Psychological tests and questionnaires - personality, motivation, interests, relations, abilities, emotional condition and being
- Tests examining the level of specific capabilities - reading, counting, writing,
- Projective methods
- Observation and observation scales
- Sociometry
- Casuistic methods

CPPPaP works in three departments

- 1) Department of counselling for personality, education and career development for nursery and elementary schools
- 2) Department of counselling for personality, educational and career development for secondary schools
- 3) Department of social development and prevention

Each department works with problems from all mentioned fields in different extend and cooperate together.

Administrative department offering economic and operational support of the whole center and informative and library services.

DEPARTMENT OF PERSONALITY, EDUCATIONAL AND CAREER DEVELOPMENT FOR NURSERY AND ELEMENTARY SCHOOLS

Group activities and programmes

- stimulating programme for children with delayed compulsory school attendance - Method of A Good Start, universal stimulating programme
- group therapy for children of younger school age with emotional problems and behavioral difficulties
- group therapy for boys of older school age with behavioral disorders
- preventive group activities - creating of satisfying fair relations and good class climate
- entrance observation (1st class of elementary schools) with goal to find out and underpin the children with suspicious of possible specific learning disorders
- group diagnostics for the pupils of 9th class targeted on professional orientation
- lectures for parents - maturity of children for nursery school entrance, school maturity of abecedarians (1st class of elementary school pupils)

DEPARTMENT OF PERSONALITY, EDUCATIONAL AND CAREER DEVELOPMENT FOR SECONDARY SCHOOLS

Group activities and programs

- preliminary informative and preventive meetings in secondary schools' classes
- questionnaire for problem mapping
- group psychodiagnostics and counselling in the field of professional and career development for 2nd and 3rd classes of secondary school - selection of optional seminar
- group psychodiagnostics and counselling in the field of professional and career development for 3rd and 4th classes of secondary school - university selection and career choice
- group computer psychodiagnostics in the field of professional and career development

DEPARTMENT OF PERSONALITY, EDUCATIONAL AND CAREER DEVELOPMENT FOR SECONDARY SCHOOLS

Group activities and programs (continued)

- group art therapy aimed at self-knowledge
- group work with teachers - burn-out syndrome and relaxation methods, conflict solving
- group work with students - hygiene and effective learning, coping with stress
- training and improvement of communication skills

DEPARTMENT OF SOCIAL DEVELOPMENT AND PREVENTION

Group activities and programs

Preventive programs for classes of elementary and secondary schools

- class atmosphere - mapping of social relations and positions, creating of environment for emotional and social welfare
- Gender - respect and tolerance
- Partnerships, sexuality, sexual health
- Healthy lifestyle, addiction prevention
- Prevention of human trading

Intervention programs for classes with disrupted relationships

- class social climate diagnostics
- opening of a certain problem area and possibilities of solving
- establishing and stimulation of prosocial behavior
- suggestion and implementation of solutions

DEPARTMENT OF SOCIAL DEVELOPMENT AND PREVENTION

Group activities and programs

Methodic leadership and education for prevention coordinators and educational counsellors of elementary and secondary schools

- Bálint groups
- Consultations at educational problem solving

Teachers' Education

- Class community as prevention method - long-term training group for teachers
- Training aimed at burn-out syndrome prevention
- Training aimed at conflict solving
- Preparation and application of schoolwide preventive program

SPECIAL SERVICES OF THE CENTRE



VIAPROF - PSYCHOLOGICAL CENTER OF CAREER COUNSELLING AT CPPPaP

Centre was established with financial support from the European Social Fund.

- Priority: Developing lifelong learning and promoting of research and development in the context of human resources
- Action: Stimulating and improving education for the needs of employers and business sector

PSYCHOLOGICAL CENTER OF CAREER COUNSELLING

PROVIDES SERVICES TO STUDENTS AT
ELEMENTARY AND SECONDARY SCHOOLS,
PARENTS AND TEACHERS IN THE REGION OF
BRATISLAVA:



- group programs of social and psychological skills aimed at professional and career orientation and better assertion of oneself in the labour market
- group programs for unemployed alumni
- group testing for the career choice in a PC program
- individual counselling, psychological care for secondary school alumni that haven't found employment in labour market and further job preparation
- Helping with looking for further study or job,
- Internet access, searching in system of type positions

**WE ARE LOOKING
FORWARD TO YOUR
REMARKS, NEW
INFORMATION AND
QUESTIONS**

**THANK YOU FOR
YOUR VISIT &
ATTENTION**

